



National Institute for Reproductive Health



Letitia James

Public Advocate for the City of New York

PREGNANT?

KNOW YOUR RIGHTS

YOU CAN SEE A MEDICAL PROVIDER, PROTECT YOUR PRIVACY, AND GET INFORMATION ON ALL YOUR OPTIONS.

Learn about:
your rights if you are pregnant, where you can get accurate medical information, and how to avoid being deceived by fake anti-abortion clinics.

SEE A MEDICAL PROVIDER

- New York City encourages any woman or girl who is pregnant or thinks she might be to meet with a medical professional and get medically-accurate information about her pregnancy.
- You can find free pregnancy testing and consultation about your healthcare options at medical clinics and facilities in New York City, staffed by licensed healthcare professionals.
- If you do not speak English, ask for a translator who speaks your language.
- Affordable or free prenatal care is available for **all** women and girls in New York, **even if undocumented**.
- Abortion is legal in New York up to 24 weeks into your pregnancy. There is no waiting period to receive an abortion.

See back page for contact information for facilities that can answer questions about your pregnancy, available treatment options, including abortion, and free services.

Medicaid Enrollment:

Your local public clinic can help you enroll in Medicaid. If eligible, you can access **free** prenatal care, counseling, and abortion services. Pregnant minors may be able to enroll in Medicaid on their own (girls living with their parents may have to include their parents' income to determine eligibility).

PRIVACY

BE CAREFUL WHO YOU TALK TO. YOUR PRIVACY IS YOURS TO PROTECT.

- If you do not want family or friends to know about your pregnancy, **only talk to licensed medical professionals**, such as a doctor, nurse, or therapist.
- **No matter your age, immigration or marital status**, any advice, treatment, or services you seek from licensed medical professionals, including abortion, must be kept confidential.
- You do **not** have to get consent from your spouse, domestic partner, parents, or legal guardians when seeking prenatal or abortion care.

Talk to your medical provider about the best way and time to contact you in order to keep your information private.

Important note on insurance coverage:

Your parent, spouse, or partner may receive information about any treatment you seek if you use their insurance to cover those services. Contact your insurance company to ask about their privacy rules. See the back of this pamphlet for medical clinics that may provide free or low-cost prenatal or abortion services.

KNOW ALL YOUR OPTIONS

New York State medical professionals **must** give you complete and current information in a way that you understand so you can make an informed choice about your treatment.

PROTECT YOURSELF

- Make sure every clinic or facility you go to has a licensed medical provider, like a doctor or nurse practitioner, onsite.
- Ask specific questions about your treatment options. You should be answered clearly and directly.
- The person you speak with should be focused **on your health and your choice**, not their personal beliefs or morals.
- Ask whether your insurance is accepted or if they can help you enroll in Medicaid.
- Ask about payment options.

Read About Your Privacy Rights:

Your Health Information Privacy Rights

bit.ly/consumer-rights-pdf

When Health Care Providers May Communicate About You with Your Friends, Family, or Others Involved In Your Care

<http://bit.ly/hippa-pdf>

MEDICAL PROVIDERS

NYC HEALTH + HOSPITALS (H+H)

H+H Women's Health Centers offer a wide range of services, including primary care, family planning, prenatal through delivery care, midwifery services, postpartum care, breastfeeding/lactation services, breast exams, nutrition, behavioral health referrals, preventative care, vaccinations, and more. Confidential care includes contraceptive counseling, management of pregnancy loss, and abortion.

Women's Health Center Locations:

bit.ly/womens-health-nyc

Make an Appointment:

(844) NYC-4NYC

General Information:

(718) 918-5000

At-home Maternal Care Information:

(866) 692-HOME (4663)

PRIVATE PRENATAL CLINICS

Community Healthcare Network:

<http://www.chnny.org/locations>

(866) 246-8259

Institute for Family Health:

bit.ly/institute-family-health

Centering Pregnancy Locations:

230 West 17th Street | (212) 206-5200

731 White Plains Road | (718) 589-8775

1894 Walton Avenue | (718) 583-3060

1824 Madison Avenue | (212) 423-4500

Bronx

Morris Heights Health Center Women's Health Pavilion

70 West Burnside Avenue | (718) 716-4400

MLK Jr. Health Center

2739 Third Avenue | (718) 838-1016

Center for Child Health Resiliency

890 Prospect Avenue | (718) 991-0605

Montefiore South Bronx Health Center

871 Prospect Ave | (718) 991-0605

Brooklyn

MIC Women's Health Services

1873 Eastern Parkway | (718) 498-1001

Queens

Long Island Jewish Medical Center

410 Lakeville Road | (516) 465-3270

ABORTION PROVIDERS ACCEPTING MEDICAID

Bronx

Dr. Emily Women's Health Center DBA Bronx Women's Medical Pavilion

560 Southern Blvd | (718) 585-1010

dremily.com

*Provides free pregnancy tests

Planned Parenthood

349 E 149th St, 2nd Floor | (212) 965-7000

plannedparenthood.org/ppnyc

*Provides free pregnancy tests

Brooklyn

Planned Parenthood

44 Court St, 6th Floor | (212) 965-7000

*Provides free pregnancy tests

Manhattan

Bellevue Hospital – Reproductive Choice Clinic

462 First Avenue | (212) 562-5796

*Provides free pregnancy tests

Columbia University Medical Center

1790 Broadway | (212) 305-9368

columbiaobgyn.org

*Provides free pregnancy tests

Parkmed Physicians

800 Second Ave., 6th Floor | (212) 686-6066

parkmed.com

*Provides free pregnancy tests

Planned Parenthood

26 Bleecker St | (212) 965-7000

*Provides free pregnancy tests

Westside Women's Medical Pavilion

1841 Broadway | (212) 333-5000

wswmp.com

*Provides free pregnancy tests

Queens

Choices Women's Medical Center

147-32 Jamaica Ave. | (718) 349-9100

choicesmedical.com

*Provides free pregnancy tests

New York OB-GYN Associates

92-29 Queens Blvd, Suite C-A |

(718) 575-5500